

London Tae Kwon-Do (UK-TKD)

Tae Kwon-Do Oath

I shall observe the tenets of Tae Kwon Do.

I shall respect the instructor and seniors.

I shall never misuse Tae Kwon Do.

I shall be a champion of freedom and justice.

I shall build a more peaceful world.

Tenets of Tae Kwon-Do

Courtesy

To be polite to one's instructors, seniors and fellow students.

Integrity

To be honest with oneself.

One who has integrity is able to define what is right or wrong and have the conscience, if wrong, to feel guilt.

Tae Kwon-Do students should strive to be honest and to live by moral principles.

Perseverance

To achieve a goal, whether it is a higher grade or any technique, one must not stop trying; one must persevere.

Self Control

To lose one's temper when performing techniques against an opponent can be very dangerous and shows lack of control.

To be able to live, work and train within one's capability shows good self control.

Indomitable Spirit

To show courage when you and your principles are pitted against overwhelming odds.

A true student of Tae Kwon-Do will never give up, not even when faced with insurmountable odds.

The most difficult goals can be achieved with indomitable spirit.
